



# ROYSTON Runners



## Buntingford 10 December 28th 2008 Overall Positions

Race Number	First Name	Last Name	Gender	Age category	Team name	Finish time	Overall position
437	John	Clarke	Male	SeniorM	NEWHAM & ESSEX BEAGLES	00:54:16	1
162	Mark	Dickinson	Male	SeniorM	GARDEN CITY RUNNERS	00:54:44	2
450	Rob	Palmer	Male	SeniorM	LUTON AC	00:57:30	3
539	Tom	Kingsnorth	Male	SeniorM	BURY ST EDMUNDS PACERS (2ND CLAIM)	00:58:13	4
201	Stephen	Pettit	Male	MV40	ELY RUNNERS	00:58:52	5
590	Colin	Grace	Male	MV40	WARE JOGGERS	00:58:57	6
135	Richard	Bate	Male	SeniorM	FAIRLANDS VALLEY SPARTANS	00:59:14	7
32	Simon	Jackson	Male	SeniorM	FAIRLANDS VALLEY SPARTANS	00:59:35	8
312	Edward	Perrin	Male	SeniorM	ROYSTON RUNNERS	01:00:01	9
493	Alex	Milne	Male	SeniorM	ENFIELD & HARINGEY AC	01:00:13	10
352	Gavin	Mayne	Male	MV40	FVS TRI	01:00:47	11
357	Neil	Ovington	Male	MV40	MARSHALL MILTON KEYNES AC	01:00:55	12
71	Gary	Cook	Male	SeniorM	NORTH HERTS ROAD RUNNERS	01:01:04	13
358	Jane	Preen	Female	FV35	MARSHALL MILTON KEYNES AC	01:01:40	14
307	Keith	Mclellan	Male	MV50	GARDEN CITY RUNNERS	01:01:41	15
483	Russell	Casey	Male	SeniorM	GARDEN CITY RUNNERS	01:01:53	16
403	Laura	Cowley	Female	SeniorF	HERTS AND PHOENIX AC	01:02:01	17
530	Gary	Warren	Male	MV40	GARDEN CITY RUNNERS	01:02:43	18
142	Adam	Etches	Male	SeniorM	ELY RUNNERS	01:03:01	19
75	Andrew	Houghton	Male	MV50		01:03:06	20
472	James	Grierson	Male	MV40	FVS TRI	01:03:19	21
591	Andy	Holt	Male	MV40	GARDEN CITY RUNNERS	01:03:38	22
343	Peter	Dellar	Male	MV50	DUNSTABLE ROAD RUNNERS	01:03:42	23
375	Derek	Walker	Male	MV40	WATFORD HARRIERS	01:04:03	24
120	Peter	Sibbett	Male	MV40	NORTH HERTS ROAD RUNNERS	01:04:09	25
21	Lee	Brooks	Male	SeniorM	BRJ HUNTINGDON ROAD RUNNING CLUB	01:04:18	26
356	David	Frampton	Male	MV50	NORTH HERTS ROAD RUNNERS	01:04:23	27
514	Robin	Tremaine	Male	MV50	LONDON HEATHSIDE	01:04:34	28
245	Christopher	Bowes	Male	MV50		01:04:35	29
496	Patrick	Gallagher	Male	SeniorM	GARDEN CITY RUNNERS	01:04:45	30
146	Graham	Moore	Male	MV40		01:04:54	31
156	Adrian	Sherwood	Male	MV40	NORTH HERTS ROAD RUNNERS	01:04:55	32
123	Mark	Young	Male	MV40	NORTH HERTS ROAD RUNNERS	01:05:16	33
529	David	Pomeroy	Male	SeniorM	WARE JOGGERS	01:05:29	34
578	Mike	Russell	Male	MV40	FVS TRI	01:05:34	35
347	Alan	Wise	Male	MV40	HARLOW RUNNING CLUB	01:05:48	36
508	Steffan	Ford	Male	SeniorM	FVS TRI	01:05:54	37
210	James	Foy	Male	SeniorM	FVS TRI	01:05:56	38
582	Neil	Adams	Male	MV40	RIVERSIDE RUNNERS	01:05:56	39
446	Michael	Utton	Male	SeniorM	GARDEN CITY RUNNERS	01:06:12	40
394	Simon	Merritt	Male	MV40	TRENT PARK RUNNING CLUB	01:06:15	41
233	Melissa	Winters	Female	SeniorF	NORTH HERTS ROAD RUNNERS	01:06:17	42
479	Peter	Bardell	Male	SeniorM	FVS TRI	01:06:33	43
364	John	Mcburney	Male	SeniorM		01:06:36	44
521	Stewart	Bryant	Male	MV50	NORTH HERTS ROAD RUNNERS	01:06:38	45
544	John	Matthews	Male	SeniorM	26.2 RRC	01:06:41	46
208	Steve	Hockett	Male	MV50	SOUTHEND AC	01:06:48	47
369	Elizabeth	Mckie	Female	FV35	ST ALBANS STRIDERS	01:06:50	48
108	Richard	Allen	Male	MV40	FVS TRI	01:06:54	49
543	James	Goymour	Male	SeniorM		01:06:55	50
407	Jon	Williams	Male	SeniorM	WARE JOGGERS	01:06:58	51
30	David	Moritz	Male	SeniorM		01:07:18	52
73	Raymond	Woodruff	Male	MV50	RAMSEY ROAD RUNNERS	01:07:26	53
426	Jonathan	Bishop	Male	SeniorM		01:07:31	54
121	Peter	Bissell	Male	MV40	RIVERSIDE RUNNERS	01:07:46	55
463	Stephen	Paul	Male	MV50	DUNSTABLE ROAD RUNNERS	01:07:50	56
269	Tristan	Emptage	Male	SeniorM	FAIRLANDS VALLEY SPARTANS	01:07:55	57
288	Martyn	Annetts	Male	MV40	NORTH HERTS ROAD RUNNERS	01:07:57	58
600	Barry	Murphy	Male	MV40		01:07:59	59
20	John	Franklin	Male	MV40	NORTH HERTS ROAD RUNNERS	01:08:00	60
558	Caroline	Hale	Female	FV35	GARDEN CITY RUNNERS	01:08:00	61
349	Matt	Simmonds	Male	SeniorM		01:08:03	62
455	Helen	Hoyle	Female	FV35	BARNET AND DISTRICT	01:08:18	63
524	Paul	Holmes	Male	MV40		01:08:24	64

Race Number	First Name	Last Name	Gender	Age category	Team name	Finish time	Overall position
482	Simon	Leonard	Male	SeniorM	FAIRLANDS VALLEY SPARTANS	01:08:32	65
396	Tracey	Patmore	Female	FV35	RIVERSIDE RUNNERS	01:08:37	66
189	Andrew	Wright	Male	SeniorM		01:09:00	67
81	Chris	Miller	Male	SeniorM	RAMSEY ROAD RUNNERS	01:09:15	68
67	Jake	Amos	Male	SeniorM	PARKWOOD RUNNING CLUB	01:09:18	69
257	Daniel	Pickering	Male	SeniorM	WARE JOGGERS	01:09:18	70
435	Paul	Illing	Male	MV40	WATFORD HARRIERS	01:09:21	71
175	Salv	Concadoro	Male	SeniorM	EDMONTON RUNNING CLUB	01:09:29	72
183	Colin	Merritt	Male	MV40		01:09:42	73
304	Alistair	Hillary	Male	SeniorM	WARE JOGGERS	01:09:47	74
59	Richard	Starey	Male	MV40		01:09:49	75
42	Keith	Ennis	Male	MV40	ILFORD AC	01:09:56	76
491	Michael	Moralee	Male	MV50	NORTH HERTS ROAD RUNNERS	01:10:00	77
99	Mark	Beasley	Male	MV40	FAIRLANDS VALLEY SPARTANS	01:10:05	78
512	David	Sabey	Male	SeniorM	AMPHILL AND FLITWICK FLYERS	01:10:07	79
206	Denys	Bawdry	Male	MV50	GARDEN CITY RUNNERS	01:10:08	80
370	Peter	Smith	Male	MV50	ST ALBANS STRIDERS	01:10:12	81
130	Vincent	Mullen	Male	SeniorM	TRENT PARK RUNNING CLUB	01:10:18	82
188	Sue	Gawley	Female	FV35		01:10:18	83
540	Ian	Lake	Male	SeniorM		01:10:26	84
605	Paul	Barton	Male	SeniorM	AMPHILL AND FLITWICK FLYERS	01:10:28	85
368	Peter	Chambers	Male	SeniorM		01:10:35	86
161	Steven	Anstiss	Male	MV40	LOUGHTON ATHLETIC CLUB	01:10:37	87
350	Christopher	Suckling	Male	MV40	FVS TRI	01:10:38	88
541	Amy	Goymour	Female	SeniorF	CAMBRIDGE AND COLERIDGE ATHLETICS CLUB	01:10:40	89
48	Amanda	Avery	Female	FV45	BROXBOURNE RUNNERS	01:10:47	90
293	Jamie	Luck	Male	SeniorM	HARLOW RUNNING CLUB	01:10:57	91
145	Joe	Amodei	Male	SeniorM		01:10:59	92
618	Nickolas	Mackay	Male	MV40	ST ALBANS STRIDERS	01:11:03	93
195	Christian	Trenkel	Male	MV40		01:11:07	94
480	Paul	Allen	Male	SeniorM	YEOVIL TOWN ROAD RUNNERS	01:11:12	95
338	Stephen	Cason	Male	MV50	ISTEAD AND IFIELD	01:11:17	96
58	Edward	Theobald	Male	SeniorM	PARKWOOD RUNNING CLUB	01:11:19	97
144	Samantha	Tophill	Female	FV35	FVS TRI	01:11:24	98
495	Fiona	Tideswell	Female	SeniorF	SAFFRON STRIDERS	01:11:28	99
143	Natalie	Etches	Female	SeniorF	ELY RUNNERS	01:11:29	100
79	Sean	Thompson	Male	SeniorM	FAIRLANDS VALLEY SPARTANS	01:11:40	101
346	Darren	Greene	Male	MV50	FVS TRI	01:11:46	102
553	Chris	Brolly	Male	MV40	BISHOP'S STORTFORD RUNNING CLUB	01:11:46	103
300	Gillian	Morgan	Female	FV45	EALING SOUTHALL AND MIDDX AC	01:11:47	104
196	Felix	Cherry	Male	SeniorM		01:11:54	105
105	Clare	Kerr	Female	FV45	WARE JOGGERS	01:12:03	106
118	Simon	Allen	Male	MV40		01:12:09	107
523	Alastair	Davidson	Male	MV40		01:12:09	108
501	Richard	Gray	Male	MV50	BIGGLESWADE AC	01:12:16	109
292	Geoff	Russell	Male	MV60	ROYSTON RUNNERS	01:12:21	110
298	Joseph	Tucker	Male	MV40	CAMBRIDGE AND COLERIDGE ATHLETICS CLUB	01:12:23	111
522	Richard	Coffey	Male	MV40	WARE JOGGERS	01:12:23	112
499	Bruce	Home	Male	SeniorM		01:12:28	113
458	Russell	Devitt	Male	MV50	SHAFTESBURY HARRIERS	01:12:30	114
526	Tracey	Ranson	Female	SeniorF	SPRINGFIELD STRIDERS	01:12:31	115
310	Paula	Downing	Female	FV35		01:12:37	116
107	Kate	Turner	Female	SeniorF	FVS TRI	01:12:45	117
360	Ian	Rodgers	Male	MV40	BISHOP'S STORTFORD RUNNING CLUB	01:12:48	118
176	Steve	Sadler	Male	MV40		01:12:58	119
570	Peter	Bowles	Male	SeniorM	SERPENTINE RUNNING CLUB	01:13:05	120
445	Michael	Russell	Male	MV50	WARE JOGGERS	01:13:17	121
520	Mark	Sanz	Male	MV40	WARE JOGGERS	01:13:21	122
114	Jim	Brown	Male	MV50	FAIRLANDS VALLEY SPARTANS	01:13:24	123
94	Lena	Kirton	Female	SeniorF		01:13:28	124
333	Laurey	Rankin	Female	SeniorF	TRENT PARK RUNNING CLUB	01:13:31	125
549	Christopher	Mather	Male	SeniorM		01:13:34	126
456	Jackie	Wren	Female	FV45	HUNTS AC	01:13:36	127
476	John	Tennant	Male	MV50	HARLOW RUNNING CLUB	01:13:36	128
317	Gemma	Sargent	Female	SeniorF	FVS TRI	01:13:38	129
550	Matthew	Fellows	Male	SeniorM	TRENT PARK RUNNING CLUB	01:13:38	130
250	Lynn	Nicholls	Female	FV35	WARE JOGGERS	01:13:49	131
243	John	Waters	Male	SeniorM		01:13:54	132
322	John	Bartlett	Male	MV50	ROAD RUNNERS CLUB	01:13:54	133
80	Steve	Radcliffe	Male	SeniorM		01:13:58	134
439	Victoria	Carter	Female	FV35	SERPENTINE RUNNING CLUB	01:13:59	135
373	Adrian	Sherriff	Male	MV40	BISHOP'S STORTFORD RUNNING CLUB	01:14:02	136
449	Siobhan	Reddy	Female	FV35	SERPENTINE RUNNING CLUB	01:14:07	137
397	Pam	Rutherford	Female	FV35	SERPENTINE RUNNING CLUB	01:14:23	138

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361	Kirsty	Green	Female	SeniorF	WATFORD JOGGERS	01:14:25	139
586	Andrew	Ferreira	Male	MV50	WARE JOGGERS	01:14:26	140
92	Graham	Statter	Male	MV50	BISHOP'S STORTFORD RUNNING CLUB	01:14:27	141
314	Fiona	Halls	Female	FV35	SAFFRON STRIDERS	01:14:28	142
139	Rob	White	Male	SeniorM	ST ALBANS STRIDERS	01:14:31	143
388	Nicola	Hunt	Female	FV35	BISHOP'S STORTFORD RUNNING CLUB	01:14:31	144
225	Ron	Armstrong	Male	MV40		01:14:32	145
424	Kevin	Hewitt	Male	MV40	RIVERSIDE RUNNERS	01:14:36	146
86	Andrew	Hull	Male	SeniorM	FAIRLANDS VALLEY SPARTANS	01:14:55	147
616	Greg	Evans	Male	MV40	FVS TRI	01:14:55	148
485	Mark	Billington	Male	MV40	BEDFORD HARRIERS	01:14:57	149
302	Elliot	Mulish	Male	MV40		01:15:02	150
438	Steve	Harley	Male	MV40		01:15:06	151
47	Jim	Smith	Male	MV50	SERPENTINE RUNNING CLUB	01:15:12	152
327	Mick	Nolan	Male	MV40		01:15:20	153
443	David	Kiely	Male	MV40		01:15:27	154
77	Marie	Hockley	Female	FV45	BISHOP'S STORTFORD RUNNING CLUB	01:15:29	155
433	Graham	Marriott	Male	SeniorM		01:15:31	156
398	Greg	Hart	Male	SeniorM		01:15:37	157
17	Andrew	Rendell	Male	SeniorM	ST ALBANS STRIDERS	01:15:47	158
278	Samantha	Houston	Female	FV35		01:15:49	159
376	Pete	Binks	Male	SeniorM	BISHOP'S STORTFORD RUNNING CLUB	01:15:51	160
484	Les	Thurston	Male	MV50	BISHOP'S STORTFORD RUNNING CLUB	01:15:54	161
49	Ian	Mcclymont	Male	MV60	BISHOP'S STORTFORD RUNNING CLUB	01:16:01	162
584	Colin	Lea	Male	MV40	YORK KNAVESMIRE HARRIERS	01:16:08	163
334	Diane	Glynn	Female	FV45	ROYSTON RUNNERS	01:16:12	164
434	Colin	Hamlet	Male	MV60	WATFORD HARRIERS	01:16:16	165
386	Andrew	Golding	Male	MV40	BISHOP'S STORTFORD RUNNING CLUB	01:16:21	166
227	Alison	Cooper	Female	FV35	BEDFORD HARRIERS	01:16:22	167
502	Daniel	Williams	Male	SeniorM		01:16:32	168
510	Tim	Carthy	Male	SeniorM	ALLENBURYS	01:16:39	169
186	Simon	Oughton	Male	MV40	ROYSTON RUNNERS	01:16:41	170
277	Chris	Sinclair	Male	SeniorM		01:16:44	171
532	Steve	Tracey	Male	SeniorM	NORTH HERTS ROAD RUNNERS	01:16:48	172
246	Libby	Watson	Female	SeniorF		01:16:51	173
395	Elizabeth	Barber	Female	FV55	ST ALBANS STRIDERS	01:16:51	174
95	Paul	Medlicott	Male	MV50	GARDEN CITY RUNNERS	01:17:07	175
374	Sara	O'callaghan	Female	FV35	FAIRLANDS VALLEY SPARTANS	01:17:16	176
132	Emilia	Vynnycky	Female	FV35	LONDON HEATHSIDE	01:17:20	177
607	Peter	Stanowski	Male	SeniorM		01:17:25	178
116	Simon	Dunk	Male	MV50	CREWKERNE RUNNERS	01:17:40	179
571	Stuart	Ballard	Male	MV40	WARE JOGGERS	01:17:46	180
365	Michael	Green	Male	MV40	TRENT PARK RUNNING CLUB	01:17:47	181
305	Celia anne	Pardoe	Female	FV45	GARDEN CITY RUNNERS	01:17:54	182
203	Joanne	Humphrey	Female	FV35	ROYSTON RUNNERS	01:17:55	183
551	Angela	Spatz	Female	SeniorF	TRENT PARK RUNNING CLUB	01:18:03	184
427	Bernadette	Wolfe	Female	SeniorF		01:18:08	185
596	Simon	Sale	Male	MV40		01:18:09	186
587	Frances	Cooke	Female	FV45	MARCH ATHLETIC CLUB	01:18:10	187
598	Jon	Bowyer	Male	SeniorM	ROYSTON RUNNERS	01:18:15	188
416	Joy	Allen	Female	FV55		01:18:32	189
415	Sue	Dale	Female	FV45		01:18:48	190
303	Stephen	Inkley	Male	MV40	SAFFRON STRIDERS	01:18:57	191
199	Richard	Thomas	Male	MV40	FVS TRI	01:18:58	192
223	Terry	Fribence	Male	SeniorM		01:18:59	193
136	David	Gridley	Male	MV40	HAVERING 90 JOGGERS	01:19:01	194
320	Lesley	Dutton	Female	FV45	FVS TRI	01:19:02	195
559	Mike	Allibone	Male	MV40		01:19:04	196
470	Matt	Richardson	Male	SeniorM		01:19:07	197
497	Adrian	Palmer	Male	MV40		01:19:11	198
239	Mark	Tant	Male	MV40		01:19:20	199
329	Bettina	Maccariello	Female	FV35		01:19:21	200
321	Tony	Shortland	Male	MV40	FVS TRI	01:19:24	201
418	Jackie	Perry	Female	FV45	FVS TRI	01:19:24	202
254	John	Pickering	Male	MV50	WARE JOGGERS	01:19:27	203
564	Rudolf	Stephen	Male	MV40		01:19:31	204
111	John	Baker	Male	MV50	BISHOP'S STORTFORD RUNNING CLUB	01:19:33	205
101	Ian	Hole	Male	MV50		01:19:44	206
602	Christopher	Fadden	Male	MV40	BEDFORD HARRIERS	01:19:47	207
301	Stewart	Berg	Male	MV50		01:19:50	208
378	Rick	Hole	Male	MV50	GARDEN CITY RUNNERS	01:19:52	209
258	Alex	Sutherland	Male	SeniorM	MORNINGTON CHASERS	01:19:58	210
113	Lee	Radley	Male	SeniorM	WARE JOGGERS	01:20:00	211
504	Mark	Handley	Male	SeniorM	BISHOP'S STORTFORD RUNNING CLUB	01:20:07	212
577	Trevor	Mason	Male	MV40		01:20:12	213

Race Number	First Name	Last Name	Gender	Age category	Team name	Finish time	Overall position
316	Catherine	Jackson	Female	FV45	TRENT PARK RUNNING CLUB	01:20:13	214
170	John	Good	Male	MV40		01:20:26	215
134	Denis	Mole	Male	MV60	HAVERING 90 JOGGERS	01:20:36	216
387	Mike	Difranco	Male	MV40	CAMBRIDGE AND COLERIDGE ATHLETICS CLUB	01:20:44	217
457	Terry	Downing	Male	MV50		01:21:06	218
252	Richard	Bailey	Male	SeniorM		01:21:18	219
593	Alan	Findlay	Male	MV40	BISHOP'S STORTFORD RUNNING CLUB	01:21:22	220
204	Robert	Doyle	Male	MV40		01:21:25	221
536	Philip	Chaplin	Male	MV40	BISHOP'S STORTFORD RUNNING CLUB	01:21:27	222
423	Derek	Seymour	Male	MV60	HARLOW RUNNING CLUB	01:21:28	223
444	Sharon	Gregson	Female	FV35	NORTH HERTS ROAD RUNNERS	01:21:28	224
604	Gary	Cannon	Male	MV40		01:21:32	225
23	Julie	Mcgreal	Female	FV55		01:21:35	226
147	Brian	Dunlea	Male	MV50	BISHOP'S STORTFORD RUNNING CLUB	01:21:35	227
57	Mark	Goodier	Male	MV40	MORNINGTON CHASERS	01:21:36	228
103	Anthony	Goodier	Male	MV40		01:21:36	229
466	Taylor	Wilson	Male	MV40	METROPOLITAN POLICE AA	01:21:43	230
459	Chris	Dyke	Male	MV40		01:21:44	231
202	Patrick	Humphrey	Male	SeniorM	ROYSTON RUNNERS	01:21:53	232
391	Jon	Little	Male	MV50	WARE JOGGERS	01:21:55	233
34	Susan	Holmes	Female	FV45		01:22:04	234
259	Sarah	Mayne	Female	FV35	MORNINGTON CHASERS	01:22:13	235
318	Alan	Watson	Male	MV50	ROYSTON RUNNERS	01:22:20	236
503	John	Rayner	Male	MV50		01:22:22	237
583	David	Darton	Male	MV50	YORK KNAVESMIRE HARRIERS	01:22:26	238
383	Cathy	Young	Female	SeniorF		01:22:30	239
382	Andy	Wilkes	Male	MV50		01:22:31	240
409	Dave	Eastman	Male	MV60	CAMBRIDGE TRIATHLON CLUB	01:22:32	241
289	Paul	Brooks	Male	MV40	LUTON AC	01:22:35	242
15	Paul	Holgate	Male	MV50	FAIRLANDS VALLEY SPARTANS	01:22:40	243
122	Christine	Bissell	Female	FV35	RIVERSIDE RUNNERS	01:22:41	244
341	Karen	Cole	Female	FV45	ROAD RUNNERS CLUB	01:22:47	245
159	Stewart	Read	Male	SeniorM	STOPSLEY STRIDERS	01:22:52	246
405	John	Bennett	Male	SeniorM	EDMONTON RUNNING CLUB	01:22:57	247
366	Theodosia	Green	Female	FV45	TRENT PARK RUNNING CLUB	01:23:03	248
568	James	Barry	Male	MV40		01:23:03	249
585	Sue	Cross	Female	FV45		01:23:20	250
339	Susan	Beecham	Female	FV45	ISTEAD AND IFIELD	01:23:30	251
119	Karen	Dodsworth	Female	FV45	NORTH HERTS ROAD RUNNERS	01:23:39	252
205	Neal	Winton	Male	MV40		01:23:58	253
276	Maurice	Sinclair	Male	MV60		01:24:02	254
453	Phil	Anderson	Male	MV50		01:24:12	255
420	Andy	Wardle	Male	MV60	STOPSLEY STRIDERS	01:24:20	256
597	Nicola	Bowyer	Female	FV35	ROYSTON RUNNERS	01:24:23	257
133	Michael	Vynnycky	Male	MV40		01:24:27	258
54	Steve	Button	Male	MV50	GARDEN CITY RUNNERS	01:24:36	259
270	Michael	Barrowman	Male	MV60	ST ALBANS STRIDERS	01:24:36	260
402	Ronald	Newton	Male	MV50	HARLOW RUNNING CLUB	01:24:38	261
425	Sally	Hewitt	Female	FV45	RIVERSIDE RUNNERS	01:24:46	262
212	Rob	Ellis	Male	MV40		01:24:51	263
617	Catherine	Brown	Female	SeniorF		01:25:07	264
102	David	Young	Male	MV50	STOPSLEY STRIDERS	01:25:13	265
560	Peter	Wenzel	Male	MV50	BISHOP'S STORTFORD RUNNING CLUB	01:25:18	266
117	Tracy	Draper	Female	SeniorF		01:25:25	267
537	Colin	Mackrill	Male	MV50		01:25:35	268
214	Andy	Williams	Male	MV40		01:25:37	269
106	Elodie	Irving	Female	FV35	FVS TRI	01:25:43	270
419	Steve	Moakes	Male	MV40	FVS TRI	01:25:43	271
612	William	Billington	Male	MV60	BEDFORD HARRIERS	01:25:49	272
29	Robert	Gardner	Male	SeniorM		01:25:51	273
594	Mark	Glading	Male	MV40	FAIRLANDS VALLEY SPARTANS	01:25:52	274
345	Diane	Shaw	Female	FV35	ROYSTON RUNNERS	01:25:56	275
290	Mandy	Brown	Female	FV45	26.2 RRC	01:25:58	276
291	Derek	Summers	Male	MV50	26.2 RRC	01:25:58	277
511	Bryan	Davies	Male	MV40		01:25:58	278
490	Teresa	Sewell	Female	FV45	ROYSTON RUNNERS	01:25:59	279
535	Graham	Harper	Male	MV50	HARPENDEN ARO RUNNERS	01:25:59	280
348	Heather	Eastwood	Female	FV35		01:26:01	281
474	Alun	Nash	Male	MV40		01:26:09	282
275	Paul	Sinclair	Male	MV40		01:26:13	283
410	Peter	Groves	Male	MV40		01:26:20	284
184	Lisa	Hoaran	Female	FV45		01:26:24	285
359	Jayne	Dingemans	Female	FV35		01:26:31	286
588	Steven	Marshall	Male	MV40		01:26:34	287
534	Matthew	Hemsley	Male	MV40		01:26:42	288

Race Number	First Name	Last Name	Gender	Age category	Team name	Finish time	Overall position
542	Paul	Gallagher	Male	MV40		01:26:50	289
567	Jane	Landon	Female	FV35	ROYSTON RUNNERS	01:27:01	290
538	Matthew	Rix	Male	SeniorM	NORTH HERTS ROAD RUNNERS	01:27:02	291
441	Maureen	Wickson	Female	FV35	BRJ HUNTINGDON ROAD RUNNING CLUB	01:27:06	292
231	Kevin	Lawler	Male	MV50	FAIRLANDS VALLEY SPARTANS	01:27:14	293
311	Eugene	Short	Male	MV50		01:27:18	294
224	Peter	Goldfinch	Male	MV50	TRENT PARK RUNNING CLUB	01:27:27	295
22	Jackie	Mckillop	Female	FV35	CAMBRIDGE UNIVERSITY PRESS RC	01:27:29	296
211	Linda	Aird	Female	FV45	NORTH HERTS ROAD RUNNERS	01:27:35	297
461	Stephen	Ruddell	Male	MV40		01:27:38	298
56	Vivienne	Law	Female	FV35	BISHOP'S STORTFORD RUNNING CLUB	01:27:39	299
469	John	Thurlow	Male	MV40		01:27:39	300
126	Hugh	Brady	Male	MV40		01:27:41	301
151	Rosemary	Bains	Female	FV45	TRENT PARK RUNNING CLUB	01:27:46	302
565	Chris	Ferguson	Male	MV40		01:27:51	303
96	Angela	Piumi	Female	FV35	NORTH HERTS ROAD RUNNERS	01:27:56	304
417	Trace	Allen	Male	MV60	GARDEN CITY RUNNERS	01:28:05	305
481	Shirley	Ball	Female	FV45	BISHOP'S STORTFORD RUNNING CLUB	01:28:14	306
477	Katie	Davenport	Female	SeniorF		01:28:16	307
478	John	Davenport	Male	MV50		01:28:16	308
229	Carol	Paul	Female	FV45	FAIRLANDS VALLEY SPARTANS	01:28:27	309
371	Gilly	Holdsworth	Female	FV45	GARDEN CITY RUNNERS	01:28:36	310
548	Rachael	Fletcher	Female	FV35		01:28:36	311
519	Richard	Whiting	Male	MV50	HERTS AND PHOENIX AC	01:28:39	312
344	Pauline	Lygo	Female	FV55	BARNET AND DISTRICT	01:28:40	313
513	Lesley	Novis	Female	FV45	AMPTHILL AND FLITWICK FLYERS	01:28:41	314
287	Rachel	Annetts	Female	FV45	NORTH HERTS ROAD RUNNERS	01:28:42	315
181	Sam	Cook	Female	SeniorF	PARKWOOD RUNNING CLUB	01:28:44	316
12	Colin	Doak	Male	MV40	ELY RUNNERS	01:28:46	317
93	David	Kirby	Male	MV40		01:29:01	318
191	Michael	Hemsley	Male	MV40		01:29:14	319
173	Terry	Nichols	Male	MV60	WARE JOGGERS	01:29:47	320
115	Claire	Slater	Female	FV35		01:29:54	321
187	Oliva	Oughton	Female	FV55	SAFFRON STRIDERS	01:29:59	322
599	Richard	Bonser	Male	MV40		01:30:24	323
207	Leila	Taylor	Female	FV55	GARDEN CITY RUNNERS	01:30:25	324
556	Donna	Hutchinson	Male	MV60	CAMBRIDGE TRIATHLON CLUB	01:30:31	325
506	Martin	Freeman	Male	SeniorM		01:30:54	326
279	Mike	Stokes	Male	MV40		01:30:57	327
60	Tanya	Starey	Female	FV35		01:31:05	328
62	David	Benson	Male	SeniorM	NORTH HERTS ROAD RUNNERS	01:31:21	329
131	Dale	Wildon	Female	FV35	RUNNING 4 WOMEN	01:31:36	330
82	Dawn	Giesler	Female	FV35		01:31:43	331
362	Anne	Ramsden	Female	FV55	WARE JOGGERS	01:31:47	332
448	Amanda	Whorwood	Female	SeniorF	MET POLICE TRI CLUB	01:32:03	333
230	David	Paul	Male	MV40	FAIRLANDS VALLEY SPARTANS	01:32:10	334
400	Patricia	Moody	Female	FV35	SERPENTINE RUNNING CLUB	01:32:23	335
414	Sharon	Crawley	Female	FV45	FAIRLANDS VALLEY SPARTANS	01:32:31	336
351	Alison	Suckling	Female	FV45	FAIRLANDS VALLEY SPARTANS	01:32:34	337
518	Kate	Brolly	Female	FV35	MORNINGTON CHASERS	01:32:34	338
331	Julie	Eaton	Female	FV45		01:32:38	339
606	Zara	Sale	Female	FV35		01:32:40	340
471	Malcolm	Hooker	Male	MV50	BISHOP'S STORTFORD RUNNING CLUB	01:32:46	341
569	Paul	Luton	Male	MV60	WARE JOGGERS	01:33:04	342
244	Helen	Walker	Female	SeniorF		01:33:09	343
46	Phil	Matus	Male	MV50		01:33:15	344
45	Eleanor	Cowan	Female	FV35	BISHOP'S STORTFORD RUNNING CLUB	01:33:30	345
18	Shena	Lancaster	Female	FV45	GARDEN CITY RUNNERS	01:33:46	346
332	Mike	Eaton	Male	MV50		01:33:48	347
248	Jane	Goodship	Female	FV35		01:33:59	348
247	Ron	Cohen	Male	MV60	FAIRLANDS VALLEY SPARTANS	01:34:02	349
19	Rita	Williams	Female	FV55	WARE JOGGERS	01:34:23	350
197	Lee	Mostari	Male	SeniorM		01:34:23	351
251	Lindsay	Cook	Female	SeniorF	NORTH HERTS ROAD RUNNERS	01:34:38	352
608	Anna	Ward	Female	SeniorF		01:34:44	353
609	Jodie	Lyne	Female	FV35		01:34:46	354
61	Anne	Golding	Female	FV45		01:35:03	355
65	Robert	Curtis	Male	MV40	DUNSTABLE ROAD RUNNERS	01:35:03	356
492	Colette	Scollan	Female	SeniorF		01:35:03	357
432	Amanda	Bayley	Female	FV35		01:35:05	358
447	Claire	Warren	Female	SeniorF		01:35:06	359
355	Frank	Robinson	Male	SeniorM	EDMONTON RUNNING CLUB	01:35:07	360
155	Ben	Collier	Male	SeniorM	FAIRLANDS VALLEY SPARTANS	01:35:56	361
38	Simon	Finch	Male	SeniorM		01:36:25	362
39	Roger	Finch	Male	MV60		01:36:25	363

Race Number	First Name	Last Name	Gender	Age category	Team name	Finish time	Overall position
487	Michael	Connell	Male	MV50	FAIRLANDS VALLEY SPARTANS	01:36:29	364
488	Susan	Connell	Female	FV45	FAIRLANDS VALLEY SPARTANS	01:36:29	365
112	Mel	Mc clure	Female	FV45	VICTORIA PARK THAC	01:36:41	366
280	Charles	Ledsam	Male	MV50	HERTS AND PHOENIX AC	01:36:44	367
222	Judith	Manser	Female	FV45	WARE JOGGERS	01:37:00	368
533	Jan	Stock	Female	FV45	WARE JOGGERS	01:37:00	369
451	Zara	Montagu-leon	Female	FV35		01:37:01	370
460	Catherine	Marriott	Female	FV45	RSPB STAFF ASSOCIATION RC	01:37:27	371
326	Steve	Lawson-smith	Male	MV40		01:37:40	372
272	Michelle	Hume	Female	SeniorF		01:37:48	373
557	Darren	Bennett	Male	SeniorM		01:38:05	374
253	Stephen	Lawson	Male	MV50	HAVERING 90 JOGGERS	01:38:28	375
299	Claire	Farrant	Female	FV35		01:38:42	376
264	Richard	Fiddes	Male	MV40		01:38:46	377
384	John	Horgan	Male	MV50	100 MARATHON CLUB	01:39:03	378
354	Mo	Ahnien	Female	FV45	EDMONTON RUNNING CLUB	01:39:10	379
429	Bharat	Mistry	Male	SeniorM		01:39:14	380
52	Stephen	Briley	Male	MV40		01:39:16	381
527	Joanna	Bonser	Female	FV45	BISHOP'S STORTFORD RUNNING CLUB	01:39:19	382
192	Monique	Wayne	Female	FV35		01:39:27	383
325	Maxine	Lawson-smith	Female	FV45		01:39:44	384
581	Thomas	Poulton	Male	SeniorM		01:39:57	385
406	Chris	Williams	Male	SeniorM		01:40:19	386
286	Jackie	Rivers	Male	MV50	RIVERSIDERUNNERS	01:40:38	387
464	Irene	Paul	Female	FV45	METROS	01:41:09	388
232	Pauline	Stroud	Female	FV45	BISHOP'S STORTFORD RUNNING CLUB	01:41:22	389
389	Nicola	Thompson	Female	FV35		01:41:38	390
128	Peter	Nightingale	Male	MV50	ROAD RUNNERS CLUB	01:41:43	391
390	Alison	Waine	Female	FV35		01:41:44	392
217	Pauline	Henley	Female	FV55	TRENT PARK RUNNING CLUB	01:42:29	393
228	Jill	Atkins	Female	FV45	TRENT PARK RUNNING CLUB	01:42:29	394
412	Jo	Drury	Female	FV35		01:42:46	395
266	Vanessa	Lee	Female	SeniorF		01:44:23	396
234	Rebecca	Fleckney	Female	SeniorF	AMPTHILL AND FLITWICK FLYERS	01:44:29	397
44	Nick	Gregory	Male	MV40		01:44:53	398
452	Sarah	Anderson	Female	SeniorF		01:45:16	399
377	Debbie	Binks	Female	FV35	BISHOP'S STORTFORD RUNNING CLUB	01:45:51	400
221	Stephanie	Gold	Female	FV55	VICTORIA PARK HARRIERS	01:45:54	401
335	Maureen	Wakeling	Female	FV35	BISHOP'S STORTFORD RUNNING CLUB	01:46:01	402
165	Sarah	Maclaughlin	Female	FV35	WARE JOGGERS	01:47:02	403
236	Ian	Jones	Male	MV40		01:48:18	404
237	Teresa	Jones	Female	FV35		01:48:18	405
562	Sally	Minks	Female	FV45	TRENT PARK RUNNING CLUB	01:49:05	406
238	Ben	Jones	Male	SeniorM		01:50:47	407
90	Phil	Cunningham	Male	MV50	WARE JOGGERS	01:50:52	408
97	Lesley	Rose	Female	FV45	WARE JOGGERS	01:51:00	409
313	Michael	Nicholls	Male	MV50	WARE JOGGERS	01:51:00	410
401	Paul	Fox	Male	MV50	WARE JOGGERS	01:51:00	411
575	Helen	Marks	Female	FV55	WARE JOGGERS	01:51:00	412
240	Katie	Tant	Female	FV35		01:51:23	413
353	Emma	Mason	Female	SeniorF		01:51:23	414
505	Rita	Scollan	Female	SeniorF		01:51:24	415
614	Elizabeth	Miller	Female	FV35		01:52:26	416
53	Nicholas	Yu	Male	SeniorM		01:53:56	417
273	Joanna	Lee	Female	SeniorF		01:58:03	418
164	John	Heywood	Male	MV60	WARE JOGGERS	01:59:28	419